



## ASSIGNMENT 2

**Workview:** What is work to me? Why do I want to work? What defines 'good' or worthwhile work?

**Worldview:** What is my view of life? What values matter most to me? What experiences give my life meaning?

**The Gift You Are:** Write a short letter (2-300 words max) to yourself from the perspective of someone who truly understands and knows your unique gifts, encouraging you with confidence during your career transition.

### WORKVIEW

### WORLDVIEW

### The Gift You Are



## ASSIGNMENT 3

**The Integrity Game:** For each dimension (the components of your Life System), mark your score on the “wheel” below with “1” at the center and “10” at the outside. Are you riding through your life on a flat tire? How do each of these life variables influence the other? Do they have a positive or reinforcing influence or a negative or balancing influence on each of the other variables?

Which dimensions of your life need more focus and attention right now? Since we are focusing on your career, let’s put your career inside the wheel: How can your work or job support your ability to focus on these dimensions? Does your current job contribute to or detract from any of these dimensions? How do you want your career to impact all the dimensions of your life system?

